

## Small Wonder Area of Narcotics Anonymous (SWANA)

### Area Service Minutes

November 2016

#### OPENING

The Chair called meeting to order at 4:30 pm. A moment of silence was followed by the Serenity Prayer. The 12 Traditions and 12 Concepts were read. Roll call was taken at 4:40pm by the Secretary (see attached Roll Call sheet). Quorum was met. Minutes were accepted as read.

#### OLD BUSINESS-

*Vacant Positions:*

- Secretary
- Co-Secretary
- Co-treasurer
- RCM
- Public Relations
- Meeting List/Website
- Convention Secretary

#### NOMINATIONS:

Co-treasurer- Bob C. See attached nomination form for qualification

#### SUBCOMMITTEE REPORTS

The Chairman called for and received reports from the subcommittees, with a Q&A session following each report. ***Please see following pages for these reports*** and any relevant issues discussed.

#### HOME GROUP REPORTS

- **Primary purpose** meeting 7pm Thursday night in Claymont needs support!!
  - **Christmas group** is in need of support from SWANA area!!
  - **First State Survivors** is need of trusted servants and support
  - **Journey Begins** needs member to come out and attend and serve!!
- All other Home Group reports received are on file with the Secretary

Second roll call was taken by the Secretary (see attached Roll Call sheet). Quorum met again. 39 groups in attendance!!

#### NEW BUSINESS

Welcome our newest group to the Small Wonder Area of Narcotics Anonymous-the Never Give Up group. This group meets on Wednesdays at 1:30pm at the

Westminster House 292 W. Main St, Newark, DE 19711. This will be their **1st Area Service attendance**

**Open Forum:**

Area service has many service positions open. Please take this issue back to your homegroups. Talk about this with your recovery friends, sponsors, sponsees! Give back what was so freely given to you. This only works because of the "We"!

Policy was emailed out to all GSRs. Please print this out and share with your homegroup.

Unity & Activities subcommittee is in need of support! We meet on the 2nd Tuesday of the month at 7:30pm at the 1212 Club 27th & Washington Sts. Please be on the lookout for flyers that will be made and emailed/distributed for the Christmas and New Year's marathons. We will also be sending out a sign-up sheet for the marathons for each homegroup to sign up to find a speaker and chairperson for either an assigned slot for the Christmas marathon or the New Year's marathon. AGAIN, we need complete participation from all homegroups in order to make this a success!!

The meeting was closed with a moment of silence, followed by the Serenity Prayer. Meeting concluded at 6:32 p.m.

**IN LOVING SERVICE, (302-333-3791)**

**JEN F. AREA CO-CHAIR, AREA SECRETARY-VACANT**

	PRESENT	ABSENT	PRESENT	ABSENT
Chair –	X		X	
Co-Chair –	X		X	
Secretary - (Vacant)				
Co-Secretary - (Vacant)				
Treasurer -	X		X	
Co-Treasurer - (Vacant)				
Policy –	X			X
RCM - (Vacant)				
RCM 2 -	X		X	
H&I -	X		X	
Literature -	X		X	

Public Relations - (Vacant)				
Phoneline –	X		X	
Outreach –	X		X	
Meeting List/Website - (Vacant)				
Unity & Activities -	X		X	
Convention - Co-Chair	X		X	

### HOME GROUP ATTENDANCE

Home Group	1 <sup>ST</sup> ROLL CALL		2 <sup>ND</sup> ROLL CALL	
	Present	Absent	Present	Absent
1. Almost Heaven		X(2nd)		X(2nd)
2. Attitudes In Action	X		X	
3. Basic Text		X(3rd)		X(3rd)
4. Be At Your Best	X		X	
5. Bowties & Barrettes	X		X	
6. By NA Means Necessary		X(3rd)		X(3rd)
7. Christmas Group	X		X	
8. Clean But Not Strait	X		X	
9. Clean Dreams	X		X	
10. Delaware Step	X		X	
11. Detail To Recovery		X(3rd)		X(3rd)
12. Down Home	X		X	
13. Each One Teach One	X		X	
14. First State Survivors	X		X	
15. Get It Off Your Chest	X		X	
16. G.I.R.L.S. Group	X		X	
17. Good Orderly Direction		X	X	
18. Hope for Healing	X		X	
19. The H.O.W.		X(2nd)		X(2nd)

Group				
20. The Journey Begins	X		X	
21. Just For Today		X (5th)		X (5th)
22. Keep It Green	X		X	
23. Keep It Simple		X(3rd)		X(3rd)
24. Last Chance For Recovery		X(2nd)		X(2nd)
25. Living The Steps	X		X	
26. Meditations & Steps	X		X	
27. Miracles Happen	X			X
28. New Way Of Life	X		X	
29. Primary Purpose	X		X	
30. Recovery In the A.M.	X		X	
31. Recovery On the Westside	X		X	
32. Saturday Night Live	X		X	
33. Saturday Night Serenity	X		X	
34. Serenity Group		X(3rd)		X(3rd)
35. Show Me How To Live		X	X	
36. Simplicity Group		X	X	
37. Spiritual connections	X		X	
38. Star Group	X		X	
39. Step By Step		X	X	
40. Steps To Recovery		X (3 <sup>rd</sup> )		X (3 <sup>rd</sup> )
41. This Is H.O.W.		X(2nd)		X(2nd)
42. Three Minutes For Meditation		X(2nd)		X(2nd)
43. Sunday Night Recovery	X			X
44. Time to Live Again	X		X	
45. Together We Can		X(1st)		X(1st)
46. Turn It Over	X		X	
47. We Want To Live		X(2nd)		X(2nd)
48. Weekend	X		X	

Survivors				
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Groups marked 2<sup>nd</sup> ABS have been absent 2 ASC meeting in a row and will be contacted by outreach subcommittee.

**SUBCOMMITTEE REPORTS:**

**Convention Committee Executive Body (SWACNA XI), Convention Chair- Carmen B., Convention Co-Chair - Roxanne B., Treasurer- Lee S. Secretary- Vacant**

*Meets @2nd Saturday of every month at the Daughtry house 10AM, 13<sup>th</sup> and Rodney streets wilm de.*

**H & I Subcommittee**

Frank B. Chair 302-252-7576

*Meets the 1<sup>st</sup> Tuesday of month @ 6:30pm, St. Barnabas Episcopal Church, 2800 Duncan Rd., Wilm 19808*

*AND the 1st Saturday at 12:15pm at Elsmere Presbyterian Church*

**Literature Subcommittee**

Erin B.,-Chair Michael D.,-Co-Chair

**Meeting List/Website Subcommittee- Vacant**

*I worked together with Micheal D. to make the corrections to the December meeting list. Because of the type of computer I have(Google Chrome Notebook-Google Docs), I was unable to make the minor updates needed. I had the printer use our last month's update so that we would at least have some sort of meeting lists to distribute to the homegroups. Micheal D. did some of the necessary updates to our website and Regional website. He also picked up the meeting lists from the printer. Thanks, Michael D.!*

***In Loving Service,***

***Jen F.- Area Co-Chair (302)333-3791***

**Outreach Subcommittee**

Chuck H.- Chair (302)897-6592

*Meets last Saturday of month at 3pm at 1212 Corporation 27<sup>th</sup> & Washington Wilmington, 19805*

**Policy Subcommittee**

Pam S. chair, 302-229-9660

*Meets 2<sup>nd</sup> Wednesday of the month at Richardson Park @6:30*

**Phone Line Subcommittee**

Dave D. -Chair (302)543-1507

*Meets 3<sup>rd</sup> Sunday of month @ 11:30am at the Rockford Center, 100 Rockford Dr., Newark 19713*

**Unity & Activities Subcommittee**

Joe F./H.- Chair (302)669-5069

*Meets 2<sup>nd</sup> Tuesday of month at 730pm at 1212 Corporation, 2700 N. Washington St., Wilmington 19802*

**Public Relations- Vacant**

*Meets every 3<sup>rd</sup> Sunday at 2:30pm at St. Barnabas Episcopal Church, Youth Room, 2800 Duncan Rd., Wilmington 19802*

**RCM- Vacant**

**RCM2:**

Paul B. (302)319-7075

**Secretary's Report- Vacant**

Starting Balance: \$14.51

Budget: 75.00

Total: 89.51

Spent: 78.20

Ending Balance: 11.31

**In Loving Service,**

**Jen F.- Area Co-Chair (302)333-3791**

**SWANA HOME GROUP REPORT TO AREA**

*Use monthly to report your income/expenses and information about your group to the Area.*

**Home group name:\_\_\_**

**Date:**

**GSR:\_\_\_**

**Phn #:**

**Secretary:\_\_\_**

**Meeting Day:**

**Treasurer:\_\_\_**

**Meeting Time:**

**Group Financial Report**

<b>Beginning Balance:</b> <i>should be zero</i>	\$
<b>Income:</b>	
7 <sup>th</sup> Tradition Collection	\$
Literature Sales	\$
Other Income	\$
<b>Total Income:</b>	\$
<b>Total Operating Balance:</b> (add beginning balance and total income)	\$

<b>Expenses:</b>	
ASC Donation	\$
Literature Order	\$
Rent	\$
Supplies (please list)	\$
Other expenses	\$
<b>Total Expenses:</b>	\$
<b>Ending Balance: <i>should be zero</i></b> (subtract total expenses from total operating balance)	\$

**We invite you to share how your Home Group is doing:**

*Use only if you are reporting a change to an existing group or are starting a new group.*

**Home group name:\_\_\_\_\_**

**Date:**

**Name of individual completing this form:**

*Please tell us what information you're adding or updating and complete the appropriate section below.*

\_\_\_\_ *Add new Home Group - Complete sections A, B & C*

\_\_\_\_ *Update meeting name, time, date, location or format - Complete section B*

*only*

\_\_\_\_ *Add or update contact information - Complete section C only*

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**Section A: ADD NEW HOME GROUP**

When was the group formed? (month/year)

What is the 1st month your group is attending Area Service? (month/year)

Does your group have a: Secretary? Yes No Treasurer? Yes No GSR?  
Yes No

**Section B: ADD/UPDATE MEETING INFORMATION**



What is home group's new  
name? \_\_\_\_\_

Which day(s) does the group meet? (circle all that apply) Mon Tues Wed Thurs Fri Sat  
Sun

What time does the meeting start? \_\_\_\_\_ End? \_\_\_\_\_

At what location or facility does the group meet?

Street address, city, state & zip:

Additional directions for meeting location (e.g. parking, where to find meeting entrance,  
etc.)

What is the format of your home group's meeting(s)? (circle all that apply)

Open Closed Basic Text Beginner Literature Speaker Steps Topic  
Discussion Traditions Format Varies Candlelight No Pets No Children  
Spanish Speaking Wheelchair Accessible

**Section C: ADD/UPDATE CONTACT INFORMATION**

GSR Name:

GSR email address: \_\_\_\_\_ GSR phone no: \_\_\_\_\_

How does your group prefer to have Area Service minutes sent? (circle one) Email  
Mail

If email, please provide email address (if different from above):

If mail, please provide current mailing address (including zip):

**Please return completed form to the Area Secretary or Co-Secretary. Thank you!**

SWANA ASC NOMINATION FORM

Name: Bob C

Position nominated for: Co Treasurer

Clean date: 8-7-2006

Clean time: Over 10 yrs

Please circle your answers to the following questions:

Do you have an NA sponsor?  Yes  No

Do you do step work with your sponsor?  Yes  No

Do you do tradition work with your sponsor?  Yes  No

Do you sponsor other women/men?  Yes  No

Do you have a Home Group that you attend regularly?  Yes  No

Are you available, able and willing to serve?  Yes  No

Have you held previous NA service positions? Yes  No

If yes, which position(s)?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is there anything else you would like considered before your nomination is voted on?

I have been in service with Home Group as GSR  
Treasure, Secretary, ect and a full time job as  
a Truckee and maintain my own finances

\_\_\_\_\_

Signature: Robert J. Gale Jr

Date: 11-20-16

**SUBCOMMITTEE REPORT FORM**

COMMITTEE NAME: U & A

CHAIRPERSON: Joe H PHONE#: 302 662 5069

CO-CHAIR: \_\_\_\_\_ PHONE#: \_\_\_\_\_

MEETING DAY: 2 TUE LOCATION: 1212 Club

TIME: 7:30

COMMITTEE UPDATE/PROBLEMS: (PLEASE BE CONCISE AND LEGIBLE)

Call the meeting to Order  
with serenity pray  
Attendance - Joe H / Munzel R,  
Sharon R. Jen F;

1212 Club house is have  
Their own Thanksgiving Dinner  
They have their own dinner

so we changing plan NO dinner  
Just coffee soda water and pastries  
Need Folding Table

Generate Volunteers to show  
up meeting to help

Joe H  
SIGNATURE

11/19/16  
DATE

# Phoneline

adobriet would have

PHONE CONFERENCES 1ST SAT. OF THE MONTH AT 500PM

PHONE LINE IS DOING WELL. KIA B.

REGIONAL CHAIR FORWARDED A COUPLE OF MEETINGS IN THE BALTIMORE AREA THAT CLOSED UP AND RELOCATED. CHANGES

WILL BE IN THE NEXT REGIONAL PHONE LINE BOOKLET. ACQUIRED AT

NEXT REGION. SMALL WORKED AREA ONLY MISSED 2 CALLS ALL MONTH.

ALSO THEY ARE REWORKING THE ROUTING OF CALLS TO CERTAIN AREAS FROM CERTAIN AREAS. FOR EXAMPLES CALL IN THE SMALL WONDON AREA WILL GO TO THE SMALL WONDON AREA VOLUNTEER.

I WILL NOT BE ATTENDING REGIONAL MEETING IN DECEMBER DUE TO MY UPCOMING SURGERY. IF NO ONE STEPS UP REGION WILL STEP IN.

IN LOVING SERVICE  
Dave D.

## SUBCOMMITTEE REPORT FORM

COMMITTEE NAME: Subcommittee Policy

CHAIRPERSON: Pam S

PHONE#: 302 229 9660

CO-CHAIR: \_\_\_\_\_

PHONE#: \_\_\_\_\_

MEETING DAY: Wed Wednesday

LOCATION: 1212 Corp

TIME: 6:30

COMMITTEE UPDATE/PROBLEMS: (PLEASE BE CONCISE AND LEGIBLE)

Due to my current health issues I will have to step down as Policy chair. There has been ongoing corrections made on the current policy. Communication has been made with the committee as far as the updating of issues within the policy. One other recovery person has shown up to the meeting and express interest with updating the policy, which he has done and passed them on to me. It has been a pleasure to serve. If I can be of any further assistance by asking questions please contact me at (302) 229-9660.

Pamela Salas  
SIGNATURE

11/19/76  
DATE

**SUBCOMMITTEE REPORT FORM**

COMMITTEE NAME: Convention Body  
CHAIRPERSON: Carmen B PHONE#: \_\_\_\_\_  
CO-CHAIR: Roxane B PHONE#: \_\_\_\_\_  
MEETING DAY: 2nd Sat. of Month LOCATION: \_\_\_\_\_  
TIME: 10:00 -

COMMITTEE UPDATE/PROBLEMS: (PLEASE BE CONCISE AND LEGIBLE)

We have signed contract for the Chase  
& put a deposit down \$5000.00.

Our Treasure report is still ~~is~~, is  
attached.

Our ~~first~~ <sup>first</sup> speaker jam is  
January 14, 2017 @ St. Pauls  
1-8. Flyer attached

Roxane  
SIGNATURE

11/20/16  
DATE

**SWANA Area Service Committee**  
**Sub-Committee Report - Convention Treasurer**

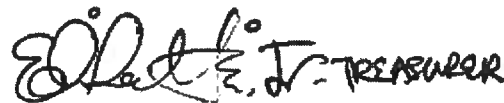
Date: **November 20th, 2016**

The executive officers of SWACNA XIII (Carmen, Roxane, Lee) met on 10/8/2016 with TD Bank and successfully transferred authority over the bank account. Two signatures (of the three) are required on all checks. The Chairperson, Co-Chairperson, and Treasurer all been provided with credentials to view online banking of active transactions and statements, paper statements are sent to the SWANA Post Office Box, received by Roxane, and hand delivered to Lee (who will provide the original statement and reconciliation report to the SWANA ASC Treasurer. Starting November 1st, TD Bank is charging a monthly fee for paper copies, so online banking was setup, and can be viewed and printed by the convention executive body, as well as the ASC Treasurer.

Financial Accountability Statements have been completed and notarized by the Chair, Co-Chair, Treasurer, and Registration Sub-Committee Chair. The Treasurer issued 3 official receipt books with carbons to the registration committee (Dionna), for a total of 300 receipts. The existing treasurer receipt book has 195 unused receipts; all of the receipt sequence numbers have been recorded and made part of the official record.

The Square account (for credit card payments) has been setup, and additional reader has been ordered (at no charge) for a total of three or more readers.

<b>OPENING BALANCE (10/16/2016)</b>	<b>\$15,429.46</b>
<b>Check 1128</b> (Sodexo Operations, LLC, Facility Deposit)	<b>\$5,000.00</b>
<b>Check 1129</b> (Dionna McCall, Registration, Supplies Reimbursement)	<b>\$32.37</b>
<b>Check 1130</b> (WPC, Meeting Room Rental, 3-months, Sep-Nov 2016)	<b>\$75.00</b>
<b>CLOSING BALANCE (11/20/2016)</b>	<b><u>\$10,322.09</u></b>



In Loving Service,  
Signed - **Lee S.** - Treasurer SWACNA XIII

# SUBCOMMITTEE REPORT FORM

COMMITTEE NAME: Outreach

CHAIRPERSON: Chuck H. PHONE#: 302-897-6592

CO-CHAIR: \_\_\_\_\_ PHONE#: \_\_\_\_\_

MEETING DAY: \_\_\_\_\_ LOCATION: \_\_\_\_\_

TIME: \_\_\_\_\_

COMMITTEE UPDATE/PROBLEMS: (PLEASE BE CONCISE AND LEGIBLE)

Our subcommittee meets every last Monday of the month @ 8:30 pm @ Mt. Salem Church. This month our subcommittee met with the Saturday Just for Today group. We were informed that the group had these JST due to her work schedule. They report two active homegroup members and do not have these group positions filled. They do have group support and they will be making every effort to attend area services. Our subcommittee will schedule attending our area groups for a group to assist with our area needs. I will be away on 1/28/16 when our subcommittee meets and will ask the committee to meet and one of the members chair the meeting.

Chris A. has been facilitating an Outreach meeting every third Sunday before Area Service. In the spirit of rotating he will be moving on in service and the hope is for someone to step up and facilitate the meeting.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE



## LITERATURE REPORT

October 2016

On 10/16/16 we started out with a balance of \$185.13. We made a deposit of \$1535.65 on 10/17/16 bringing us to a balance of \$1720.78. The breakdown of the monies deposited is as follows:

Check: \$377.55

Cash: \$1,158.10

On 11/8/16, we ordered literature from region and paid 1698.64. This leaves a balance of \$21.84 on 11/14/16.

The breakdown for literature is as follows:

H&I \$383.05

Area \$1315.89

There are two new pieces of literature available for purchase, the service pamphlet on "NA Social Media" for sale at a cost of \$0.45 per pamphlet, and the new traditions book, "Guiding Principles: The Spirit of Our Traditions" for sale at a cost of \$13.00 each. The social media pamphlet is available today but the traditions book will be delivered to me on Monday 11/21/16. This delay is due to the large demand placed on region for the new material. They contacted me last week stating there would be this delay. We will be able to take orders for this book today and both Mike D and I will be available to meet up with anyone who wishes to have the book prior to the next area meeting on 12/18/16. We would like to apologize in advance for any inconvenience this may cause and we will do our best to continue to fill all future orders. You can contact Michael D at (302) 893-9159 or Erin B at (856) 287-0316.

In Loving Service,

Micheal D and Erin B

## **H&I Subcommittee Report November 2016**

**Chair:** Frank B (302) 252 7576

**Panel Coordinators:** Dave D (302)543 1507

**Co Chair:** Michael D (302) 893 9159

Ron G (302) 442 8604

**Secretary:** Kelsey J (302) 983 3577

Subcommittee meets the 1st Tuesday of the month @ St Barnabus at 6:30pm and the 1<sup>st</sup> Saturday of the month at Westminster Presbyterian located at 1500 west 13st Wilmington @11 am

Currently there are 28 H&I commitments, which equates to 62 meetings in 13 facilities per month. All commitments are covered. The Subcommittee met on Tuesday the 1<sup>st</sup> and Saturday the 5<sup>th</sup>. We discussed how we could better serve the area, and the current status of our commitments. We have submitted 15 women's applications for clearance to DOC to get a commitment started for the women's prison. We have to be here before we could work on getting a meeting for men. We still need women to get involved due to an increase in women only commitments but all are welcome. We have some applicants starting the clearance procedure for the cottages and detention center at Ferris School. In all Things are running smoothly, and that is only possible because of the commitment of everyone on the committee. Again I am grateful to be a small part of it!!

In loving service

Frank B

H&I Chairperson

## H&I Monthly Financial Report

Opening Balance:	\$ 58.66
Budget:	<u>\$ 100.00</u>
Subtotal:	\$ 152.06
Expenses:	<u>\$ 6.60</u>
Total Expenses:	\$ 6.60
New Balance:	\$ 152.06

In loving service  
Frank B.  
H&I Chairperson

**List of Facilities and meetings per month**

<b>Facilities Visited and number of minimum monthly Meetings</b>	
New Castle County Detention Center	2
Delaware Psychiatric Center	4
Net Detox	16
Ferris (cottages)	3
Rockford Center (youth)	4
Gaudenzia (Wilmington)	4
Mary Mother Of Hope	2
Bowling Green	7
Rockford Center (adult)	4
Wilmington Hospital (Psychiatric Ward)	4
New Expectations (Women Only)	4
Connections (women only)	4
Attack Addiction (women only)	4
Total monthly meetings	62

**Note\* meeting amount is based on 4 weeks per month**

Regional Committee Report November meeting

RCM- Vacant

RCM2- Paul B. (302) 319-7075    [NADogsoldier@Gmail.com](mailto:NADogsoldier@Gmail.com)

The FSRC met at Baltimore Service Center for the Off Month Committee meeting.

Discussion of relevant issues to the Small Wonder Area Groups.

1. A misappropriation of funds was found by the FSR Convention Board and reported to the Region. A detailed report is available at the FSR website in the minutes of the meeting.
2. The FSR is nearing the release of the new website and we have not included our input for the SWANA page or any contact information for our area. This is something that the Area may want to discuss or contribute to in order to broaden our participation in the FSR.
3. We have not decided what to do with the two free newcomer packages to the upcoming FSRCNA.

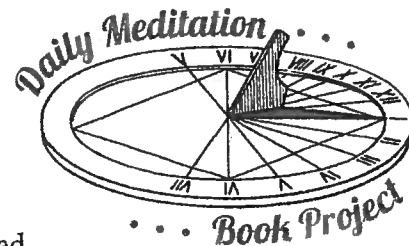
The FSR Convention is coming very soon and SWANA has not participated in any way as of yet. Our Region needs our support even if it's just going to the convention. We are 110 hotel nights short of meeting the requirement for the convention and the rate is 110 a night if your interest. Pre-registration closes the end of the month. We have two free newcomer packages. We need to decide who we will be giving them to.

I wanted to let every GSR know to pass on to the group that information regarding the SSP or Service System Project is available at [NA.ORG](http://NA.ORG) and I am available to attend Group Conscience by request to present the SSP as well as explain in detail what the Zonal system is.

I want to stress that we need to be informed about these potential changes to the NA service structure to be able to make decisions regarding our support of them or not. If we don't understand we could do more harm than good. Contact me, Paul B (302) 319-7075 [NADogSoldier@Gmail.com](mailto:NADogSoldier@Gmail.com) to schedule if you're interested in me attending your groups business meeting. Information is also available

In loving service, Paul B.

## Spiritual Principle a Day Meditation Book



We included a literature survey in the 2016 *Conference Agenda Report* so that members could express their ideas for what are the next literature priorities in NA. In the book-length category, there were two different options for a daily meditation book—a daily meditation book featuring a spiritual principle a day and a daily meditation book based on *Living Clean*. Both options were highly rated on the survey and we are collecting input from the Fellowship to help develop the focus of the book so that we can frame a project plan for consideration at the 2018 World Service Conference.

### ***Focus Options***

1. Please select one of the following possible proposed focuses for this book:
  - a. A daily meditation book featuring a spiritual principle a day
  - b. A daily meditation book focused on *Living Clean*
  - c. A combination of a and b
  - d. Your idea:

When thinking about a spiritual principle a day meditation book, some members have suggested that finding 365 distinct spiritual principles may be challenging. There are a couple of ways to address this challenge. The book could repeat some spiritual principles on different days, or the book could include more than the terms that are easily labeled spiritual principles—things like values or NA's good ideas.

2. Would you be open to either of these approaches?      Yes      No  
Please share any thoughts you have on the scope.

### ***Format Options***

We would also like to get your ideas about the format and style of the book.

3. Would you like the book to be similar in style/format to *Just for Today* (quotation, elaboration, reflection)?  
Yes      No      If no, please give us your ideas
4. Would you like something designed to guide or inspire meditation?      Yes      No  
If so, how do you see that being incorporated?
5. Would you like something more like a workbook that you can interact with?      Yes      No
6. Would you prefer a different style of book than the ideas described here?      Yes      No  
If so, please explain what format you envision.

### ***Content questions***

7. What are three spiritual principles that you wished NA literature addressed more?
8. What has most helped your understanding of these principles?
9. How is the NA understanding of this the same or different than the dictionary definitions?
10. Is there a topic touched on in *Living Clean* that you've wished were covered more thoroughly?      Yes      No  
If so, what else would you like to read about this topic?

### ***Questions to generate source material for the book***

11. Write about a spiritual principle that seems to have benefitted you the most in your recovery journey.  
Please note whether NA literature helped you and what was the piece of literature.
12. Write about a spiritual principle that you were challenged to incorporate into your life. What's been most helpful to you as you attempt to embrace that principle?
13. Write about a passage from *Living Clean* that has been useful, inspirational, or had some sort of impact.

### ***Who are you?***

I am from \_\_\_\_\_ region. This input comes from an individual/group/area/region. Circle one.

### ***Deadlines***

Please send your input by 1 June, 2017. You can fill out these questions online at [www.na.org/meditationbook](http://www.na.org/meditationbook), email your written input or photo of your input to [worldboard@na.org](mailto:worldboard@na.org), or mail input to NA World Services, 19737 Nordhoff Place, Chatsworth, CA 91311.



**IT'S THAT TIME AGAIN!!**



**FIRST STATE SURVIORS**

**14<sup>TH</sup> ANNUAL SPEAKER JAM**

**WHEN: SATURDAY, DECEMBER 3<sup>RD</sup>, 2016**

**TIME: 1:00 P.M. TO 5:30 P.M.**

**WHERE: HOLY ROSARY CHURCH**

**3200 PHILADELPHIA PIKE,**

**CLAYMONT, DE 19703**

**WE ARE GREATFUL FOR OUR HOME GROUP TO  
BE CELEBERATING 30 YEARS OF CARRYING  
THE MESSAGE TO THE ADDICT WHO STILL  
SUFFERS. PLEASE JOIN US.**

**FOOD, FUN, AND FELLOWSHIP.**

**CONTACTS: ROB W. (302) 275-6417**

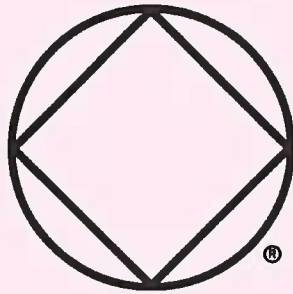
**Kathy (302) 275-0302**

# SWACNA XIII

*Fundraising & Entertainment Committee  
Convention Kick-off*

**Speaker Jam**  
*The Treasures of Life*

*January 14, 2017*  
*1 p.m. to 8 p.m.*



St. Paul's  
3rd & Jackson Sts.  
Wilmington, DE 19805

Food, Fun & Fellowship!  
Come out and support the Small Wonder Area's  
upcoming convention!

Merchandise and early convention registration will be on sale.

Small  
Wonder  
Area  
of  
Narcotics Anonymous



For more information, contact:

Chris D. – 302-420-2942



# DELMARVA AREA

Happy New Year



Speaker From  
8PM To 9PM

# NEW YEARS EVE PARTY

From 8PM To 1AM

Saturday December 31, 2016

At The Georgetown Presbyterian Church

203 N. Bedford St.

Georgetown De. 19947

\$20 Donation

Food and Refreshments Included

For More Information Contact

Rick S. 732 759 4483

Surrender  
For Freedom



Just For Today





East of the Bay Area

Presents:



## All you can Eat Spiritual Breakfast!

**WHERE:** St. Mark's UMC  
100 Peachblossom RD  
Easton, MD 21601

**COST:** Tickets on sale for \$10 per  
person, Kids 12 and under  
**FREE**

**WHEN:** January 21<sup>st</sup> 9am-12pm

**Come Eat, Fellowship, and Support  
your Area!!!**

**Out of Town Speaker at 11am!!!**

**For information contact**

Billy B. 443-875-7310 Chair  
Ashley T 410-708-3205 Event Chair  
Melanie D 410-490-3838 Secretary